



# The BCS Dragon Boaters



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## Coronavirus Pandemic Halts Events in 2020!

Event plans for the 2020 Dragon Boat season were halted last Spring due to the Coronavirus Pandemic.

Coronavirus (COVID-19) is an illness caused by a virus that can be spread from person to person with symptoms ranging from mild (or no symptoms) to severe illness, even death in some cases. This, being a brief description of the virus, was spreading at a

rapid pace throughout the world. The World Health Organization (WHO), Centers For Disease Control (CDC), and our National and State Public Health organizations, to name a few, have been working together to control the spread of the virus.

The sport of dragon boating needed to halt close contact and avoid risks in full boats and racing competitions. Dragon boat teams were hoping the

pandemic would pass after a few months; however, here we are a year later and the virus is still active. The spikes have been up and down throughout the past year but now vaccines for Covid-19 are giving us hope and we're looking forward to some relief in sight.

Teams will return to the water, but remember, only when it is safe to do so!

## ADBA Annual Meeting, BCS & USDBF Reports

The American Dragon Boat Association (ADBA) Annual Meeting was held virtually on Saturday, March 20, 2021 at 1:00 p.m. as a Zoom Meeting. The meeting was called to order by ADBA President Barbara Michaels followed by the roll call of certified ADBA voting members. The Minutes of the 2020 ADBA Annual Meeting from the Secretary were presented and approved, followed by Treasurer John Miller's Report which was also reviewed and approved.

Barb Michaels shared her 2020 ADBA (Central Region Affiliate) Report submitted to the USDBF. She explained the ADBA structure of Officers and "At Large" Board Members, the ADBA Membership in 2020 and the ADBA 2<sup>nd</sup> Vice-President's newly established method of communications to Clubs. Monthly ADBA Focus Group Meetings via WebEx were scheduled for the BCS/ACS/Blind and Competitive

Teams starting in April 2020 to determine what the teams needs and interests were and to better serve the ADBA Region teams, members and vendors during the pandemic. Barb also included information on the BCS activity in the Midwest but called upon the ADBA BCS Representative for the BCS Report.

ADBA BCS Representative, Cheryl Lychwick, presented the Midwest BCS Report. There are 19 active teams; 17 BCS teams and 2 All Cancer teams (with BCS paddlers). The teams are located in Iowa (3), Illinois (1), Indiana (1), Kansas (1), Louisiana (1), Michigan (1), Minnesota (4), Texas (4), and Wisconsin (3). The 2020 season started with social distancing meetings but was soon put to a halt due to the pandemic. Zoom and other virtual programs were started and being utilized by some teams as they attempted team activities virtually to stay in contact with team members.

Some teams also attended the ADBA 2<sup>nd</sup> Vice-President's monthly Focus Group Meetings via WebEx. It was a fun hour to stay in contact and see each other virtually, get updates, ask questions, and listen to speakers while in the comfort of their own homes. Along with a document last summer titled "Dragonboat Teams & Clubs Covid-19 Re-Entry Outline" posted on the ADBA website, the ADBA was there to assist their regional teams with questions during the pandemic.

Being the Midwest IBCPC U.S. Representative, Cheryl also reported attendance at the IBCPC Festival in New Zealand in April 2022 was in question for many of the BCS teams due to the still active pandemic. BCS teams were relieved to receive notice on March 1, 2021 . . . (Continued on page 2) . . .

## ADBA Annual Meeting, BCS & USDBF Reports (Continued from Page 1)

that due to travel restrictions, the need for vaccinations, and the lack of time to be on the water to prepare for the IBCPC Festival (to name a few), Festival Organizers were postponing the IBCPC Festival one year to April 10-16, 2023. Before closing the BCS Report, Cheryl stated the Spring 2021 BCS Newsletter would still be published even though there wasn't a 2020 racing season. Will be interesting to see what some BCS Teams did off the water during the pandemic. The Midwest BCS Teams look forward to getting back on the water when it is safe and "Thanks" the ADBA for their services!

A USDBF (United States Dragon Boat Federation) update was presented by Barb Michaels who received word that the Hong Kong borders are closed to the U.S. and several other nations for the 2021 IDBF World Championships planned for November 2-7, 2021 in Hong Kong. Watch the "What's New" link on the ADBA website ([www.americandragonboat.org](http://www.americandragonboat.org)) for updates. Linda Donner and John Miller reminded participants the USDBF Club Crew National Championships at Nathan Benderson Park in Sarasota, Florida originally scheduled for July 9-11, 2021 have been postponed to October 1-3, 2021 due to the pandemic. Berths will be awarded at Nationals only. PanAm will provide the equipment. The IDBF Club Crew World Championships are scheduled at this same site for 2022. Barbara mentioned the USDBF is shifting to notifications via Facebook, Twitter and other social media sites. Check their website ([www.usdbf.org](http://www.usdbf.org)) for online training courses. The ADBA is using Facebook and their website also has several helpful links to assist teams. The IDBF is also using social media. This year (2021) is the 30<sup>th</sup> Anniversary of the IDBF (International Dragon Boat Federation). There is a monthly photo contest and the winners will appear in their 30th Anniversary book. Festivals in the Midwest are still uncertain due to the pandemic, with many cancelling in the Spring and early Summer. Refer to the ADBA website ([www.americandragonboat.org](http://www.americandragonboat.org)) for continually changing updates to the racing schedule.

The USDBF Statement on Coronavirus Re-Entry to Dragon Boating was presented by John McDermott. John and his independent group of medical and health and safety experts that are dragon boaters, discussed and compiled a phased plan for returning to dragon boating. Safety is everyone's responsibility. This sport requires deep breathing and close contact so is very much a respiratory based issue for Coronavirus. The current Version 4.0 of the 'Covid-19 Dragonboat ReEntry Outline' is available on the ADBA, USDBF and IDBF websites and should give teams a place to start to keep paddlers safe; however, a Version 5.0 is being discussed depending on releases from the CDC regarding any changes. Mike Kerkmann with Pan American Dragon Boat shared some of the extra measures they are taking during this pandemic.

The 2<sup>nd</sup> Vice President, Csilla Gutay, reported on Club Communications. Starting in April, 2020, Csilla set up monthly ADBA Focus Group Meetings via WebEx to assist the ADBA regional teams concerning topics of interest, team needs, questions, and updates. The 1 hour WebEx was during the lunch hour when it started but has now moved to the evening since some are going back to work. Plans are in process to upload the Minutes from the ADBA Focus Group Meetings to the ADBA website. Csilla outlined many of the topics covered to date and some of the upcoming topics for 2021. If you are not receiving the invites to the ADBA Focus Group Meetings and want to be added to her distribution list, send her an e-mail at [vp2@americandragonboat.com](mailto:vp2@americandragonboat.com).

The final agenda item was the election of Officers and Directors to fill expired terms. The nominated candidates for election were presented and approved. Re-elected were Tom Donner as 1<sup>st</sup> Vice-President, John Miller as Treasurer, and Linda Donner, Mark Robinson and Heath Miller as Directors At Large. The other current ADBA Officers and Directors At Large are President Barbara Michaels, 2<sup>nd</sup> Vice President Csilla Gutay, Secretary Sue Miller and Members At Large Ron Hau, Robin Iovino and Cheryl Lychwick. After a questions and answers segment and with no further business, the 2021 ADBA Annual Meeting adjourned.

The USDBF Annual General Meeting was held virtually on March 28, 2021 via Zoom. The USDBF Individual Membership Fee is \$55.00 the first year, and \$35.00 per consecutive year after the first year. For Club Crew events (CCNC, CCWC, PACCC), you must also be a member of a club that is a member in good standing of your regional dragon boat organization (Central Region is ADBA). Athletes of all levels of competition are encouraged to support your local region through participation in a dragon boat club, or through individual membership. More information can be viewed on the USDBF website ([www.usdbf.org](http://www.usdbf.org)) under the 'Become A Member' heading. The Year-End Financial Report was given and the Budget for 2021 adopted as proposed. Regional Reports, like Barbara's ADBA Regional Report above, were given. The USDBF is looking to re-charter the BCS Committee but is seeking broader membership on the committee than just 'pink' commission folks. This needs additional discussion and board approval. Virtual training classes were offered as a new option and accepted quite well. A Communications Committee was created to help the organization connect with paddlers. They gave a Look, Tone, Feel (LTF) Presentation proposing to create a new exciting, future facing brand for the Federation. Wants to be competitive/relevant with other sports organizations. Election results were announced with Mark Kane as President, Bob Ricks as Vice President and the Secretary position was not filled at this time.

## ADBA 2<sup>nd</sup> Vice President Monthly Focus Group Meetings



Meet Csilla Gutay...  
Also a Member of  
the Motor City  
Dragons BCS  
Team!



Csilla is busy  
with her  
Meetings, but  
also active on  
the water!

ADBA 2<sup>nd</sup> Vice President, Csilla Gutay, kicked-off a series of 3 “Meet & Greet” ADBA meetings in April, 2020 (at different times and days). All ADBA Members were invited to attend to determine what their needs & interests are to better serve our ADBA Region’s Teams, Members, and Vendors.

On average we’ve had ~ 2 monthly meetings since May, 2020 one for BCS/ACS/Blind and one for Competitive Teams during lunch time (with Covid) and then transitioned to evening meetings. All are welcome to attend; some teams have shared with their members who participated in multiple WebEx Meetings. Some teams attend both monthly sessions. Meeting minutes are sent out to those who attended (Draft) and then out to the general distribution list once finalized as formal Meeting Minutes. In the future, we will be adding the following to the ADBA Home Page:

- All Meeting Minutes (going back to April, 2020)
- Video / Audio Recordings
- Meeting Notices

Topics requested by the ADBA Teams were/are prioritized first. Other ideas, topics, and speakers were also included such as a Q&A with Meri Gibson (IBCPG President) and with the Team USA Coaches. The goal is to continue providing topics to grow the ADBA Region, share ideas, knowledge, and help if need arises with Communications & Team Work. Some high-level guidance on how to safely navigate in this “Covid-19” era was requested by multiple teams and was shared last year; this continues to be a topic of interest. Ford Motor Company’s Covid Playbook was shared; the processes & procedures implemented have proven effective globally.

This year (2021) we hope to support our teams by:

- Supporting Team USA Time Trials in our region
- Continue helping teams organizing to attend the 2023 IBCPG Festival in New Zealand

Going forward, there are 2 monthly meetings scheduled for the next 12 months. The 2021/2022 meeting notices (invitations) for both series (March-March) have already been sent out and are below:

- **BCS/ACS/Blind:**
  - Times: 8:00 pm EST = 7:00 pm CST = 6:00 pm MST
  - Dates: 1st Wed. of the Month
- **Competitive Teams:**
  - Times: 8:00 pm EST = 7:00 pm CST = 6:00 pm MST
  - Dates: 3rd Wed. of the Month

When you receive the e-mail invitation, you will see this “Join Meeting” box in green within your e-mail to make it easier for you to join in the meeting.

[Join Meeting](#)

Thank you for your support!

Csilla Gutay  
[vp2@americandragonboat.com](mailto:vp2@americandragonboat.com)

(Photos and Article Submitted by Csilla)



## TEAMSurvivor Madison – Madison, Wisconsin

### TEAMSurvivor Madison Makes Connections During Pandemic

TEAMSurvivor Madison (TSM) has been connecting with our members in this COVID year by offering a number of ZOOM social gatherings and game nights (Scattegories and Bingo) as well as virtual and on-line fitness opportunities.



**TEAMSurvivor Madison – The Ride & Gilda's Run/Walk – Sept./Oct. 2020**  
*Women with cancer achieving the extraordinary!* *Fitness, Friendship, and Fun!!*



We participated in the virtual Lake Champlain Dragon Boat Festival – Dragonheart Vermont – Sisters At Heart Celebration. We had 17 members participate in this virtual event. We biked, paddled, walked and contributed tributes to our sister survivors and those who have lost their battle to cancer. TSM offered two different Zoom/YouTube series of exercise classes.

There were several events that we normally participate in that went virtual this year: The Ride (19 team members pedaled 855 miles to support cancer research and treatment at UW Carbone Cancer Center), Berbee Derby (24 members strutted their stuff for a total of 713.81 miles), and Gilda's Run (14 team members that walk/ran 388 miles over 11 days to support Gilda's Club of Madison).

"Let's Stay Connected" has been a popular weekly e-mail where members can share photos of what they've been up to, new places to hike or snowshoe, recipe exchanges and more. On a lighter note, we had several "themed" months for members to participate in and post photos.



**Team Participants in the Berbee Derby Compiled a Total of 713.81 Miles! Congratulations Ladies!**



## TEAMSurvivor Madison – Madison, Wisconsin (Continued)

December was “Chase Out 2020”. Participants were given a felt tree and added an ornament every day that they walked, ran, biked or exercised at least a mile. This year’s holiday party was a Zoom party. White elephant gifts were exchanged beforehand and on the evening of the event; everyone provided their own beverages and snacks. Members took turns sharing, opening gifts and enjoying being together. January was “Alphabet Marathon” which entailed trying to “spy” something on your walk that started with that day’s letter. February has been “I heart TSM”. Every day that you log at least two miles, a heart sticker is added to a supplied calendar.



**TEAMSurvivor Madison – Chase Out 2020 Team – December 2020**  
**29 Women Chased 580+ Miles!\*** *Fitness, Friendship, and Fun!!*

**TEAM Survivor**  
*Madison*

*\*Some team member photos not available*

**Even in the cold and snowy month of December, TEAMSurvivor Madison kept active while social distancing!**

It's been a challenge to stay connected and we all look forward to the time we can physically be together again. Our program committee has been brainstorming ideas of how we can safely be back on the water this summer. We're looking into canoes, kayaks and standup paddle boards as options until COVID is under control.

(Photos and Article Submitted by Teresa)



## KC Pink Warriors – Kansas City, Kansas

### KC Pink Warriors Rise to Challenge – Christened New ‘KC Rise’ Boat!

Wow, what a year 2020 turned out to be! But it wasn't all bad for the KC Pink Warriors in Kansas City.

Once again, we showed our resiliency through survivorship and didn't allow challenges to impede our team goals and spirit. In fact, we thrived through 2020! We christened our first team-owned dragon boat in June, proceeded to train twice weekly (five paddlers to a boat), raised funds and built amazing bonds. 2020 will go down in our team history as a challenging year, but highly successful year for the KC Pinks!

Here are the highlights:

- Celebrated our ONE YEAR ANNIVERSARY with a Facebook live concert (from our favorite swooner and equipment co-manager, Bill Welch) on April 6.
- Christened “KC Rise” Dragon Boat in mid-June.
- Practiced twice weekly with high attendance. Thanks to calm waters, cautious protocols and respectful team members, we had NO COVID19 transmission.
- Raised enough money to purchase carbon-fiber paddles for racing.
- KCPW was the FIRST team to register for the 2022 IBCPC Participatory Dragon Boat Festival in New Zealand.
- New Zealand team is FULL.
- Kicked off winter training with Kelsey Ngeh, Exercise Physiologist at the KU Sports Performance Center, in early 2020.
- Resumed winter training via Zoom in December 2020.
- Gained 9 new paddlers!
- Yearly team donation made to Alexander's Journey Cancer Rehab Foundation.

As with most teams, our highlight reel is missing one of the best parts of being a dragon boat team; festivals and races. We pray that 2021 will provide opportunities to race with and celebrate our cancer-surviving sisters!

See you all on the water!

(Photos and Article Submitted by Michelle)



**CONGRATULATIONS to the KC PINK WARRIORS  
on their New Boat. Your Hard Work and Extra Efforts  
Made it Possible!**



**KC Pink Warriors at the Christening of ‘KC Rise’!**

## IN MEMORY OF . . .

### In Celebration of Jeanette "JET" Mitchell .... Dallas United PINK



A Pink Paddler from Las Vegas joined Dallas United PINK to travel to the IBCPC Florence event, Jet Mitchell. Born October 22, 1970 in Missouri but moved to Las Vegas where she was diagnosed with Stage 3 BC in 2015 which progressed to Stage 4. It is what she did with that diagnosis that is so remarkable. Already a runner, she continued half marathons until she completed all 50 states. A lawyer and professor by education, she quickly became known in the ACS and Komen world as a strong voice and advocate for women diagnosed with breast cancer.

Traveling to Italy, she was able to check off an item on her bucket list when she met and had a photo op with Dr. Don McKenzie in the Palazzo Vecchio.



Jet departed on September 10, 2020 but we PINK's will remember her for her boundless energy (most of us did not realize the extent of her treatment because she did not let it slow her down) and her beautiful smile!

(Photos and Article Submitted by Debbie)



### In Celebration of Sandra Helen Chiles ... Dallas United PINK

March 12, 1941 – March 4, 2020

As we approach the 1 year anniversary of Sandra's eternal life, I wanted to share a little about her. (Due to COVID we didn't take the opportunity in the Spring 2020 newsletter.)

Sandra was a founding member of Dallas United PINK and proudly wore her cap with PLANK OWNER embroidered on the back. In fact, she lost her original one when the team capsized and we had to replace it for her. She loved all activities on the water and raised her 4 daughters spending weekends canoeing and kayaking. She first heard about dragon boating at a Survivor Retreat. When our presentation was done, she could not reach us fast enough exclaiming, "I heard the word paddle...where do I sign up!"

You could not know Sandra and not love her. Traveling with her to events was a treat because under that wise, calm, and poised exterior were some wild and wicked stories. (We called her the "original cougar.")

Never one to let up or slow down, when doctors in Dallas could not help, she sought the care she needed at CCA in Phoenix. She flew there, often arriving at practice after having just flown back into town after finishing a treatment. In 2019, her doctors advised her not to paddle. We missed her and she missed us. She kept expressing a desire to go out on the boat again, and we made that happen for her (with some additional surprises - because that is what survivors do...we go above and beyond). She left much love behind. We hold you in our hearts forever Sandra.

(Photos and Article Submitted by Debbie)





## IBCPC NEWS & HAPPENINGS!

### IBCPC Participatory Festival to be Held in New Zealand Postponed One Year!

The IBCPC Participatory Festival originally scheduled for 2022 has been **postponed one year to April 10-16, 2023 at Lake Karapiro, Cambridge, New Zealand** due to the Coronavirus Pandemic!

On March 1, 2021, Festival 2023 Bulletin #1 from the IBCPC Steering Committee, Festival Organizing Committee and Orbit Groups & Travel Auckland announced the following:

"We have thought long and hard, sought counsel from our legal and financial advisors and have spoken with members of our paddling community about whether to postpone the 2022 festival or not. We have taken many factors into account, the least not being the availability and the cost of air travel to New Zealand. Our local carrier, Air New Zealand, is working towards a travel bubble with Australia which we hope will see no quarantine either in New Zealand or Australia. It is hoped that this will be open in April 2021. However, it is unlikely that international travel with the USA, Asia and Europe will take place before the end of 2021. We have been very fortunate that New Zealand has managed the virus well and that the vaccination process has now commenced. We know that this is not the case internationally and that many of our paddlers will not have been on the water for up to two years by the time 2022 arrives.

**Having taken everything into account we have made the decision to POSTPONE the festival until 2023. We have also changed the dates to ensure that we are able to engage the services of all of the accommodation providers and the various venues that we are using.**

**The new dates are now: Monday 10 April 2023 - Sunday 16 April 2023.**

We appreciate that Easter falls on Monday 10th April, however we know that all of the providers can work with us across that Easter period. It also gives some of you a few extra days annual leave to add to your travel plans.

#### **Important information:**

##### **Registration Deadlines**

The date for close of registrations will also move.

**The new close of registration date is: 31 October 2021.**

**The final date for payment of registration fees will be: 31 March 2022.**

**All names must be filled in the Individual Participant form by 30th September 2022.**

All registration and accommodation deposits paid are securely held in trust.

##### **Accommodations**

Orbit Groups & Events Auckland are working with the accommodation providers to transfer bookings that have been made. All deposits that have been paid will be automatically transferred to the new dates.

**Please contact the team at Orbit to reconfirm your accommodation for the new festival dates.**

Should you have any queries please do not hesitate to contact us.

Thank you very much for your patience and understanding. ...

IBCPC Steering Committee  
2023 Festival Organising Committee  
Orbit Groups & Travel Auckland"

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So, BCS Teams, note the change of dates above, including close of registration date and final payment of registration fees date. As Bulletins are issued by the IBCPC, they will be sent to you directly, if you signed up on the IBCPC website and/or to your team contacts. The Festival website, <https://www.newzealandbcs2023.com>, has been updated to reflect the 2023 Festival details and date changes. Feel free to visit the website and browse through the different topics listed. Stay safe and healthy!

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# 2021 Midwest / Mountain Schedule

**Event schedules are fluid and changing as a result of the Corona virus:  
Contact events directly for late breaking changes.**

DATE	PLACE	CONTACT
Cancelled	Texarkana, TX	<a href="http://www.texarkanadragonboatfestival.com/">http://www.texarkanadragonboatfestival.com/</a>
Cancelled	Milwaukee, WI	<a href="http://www.panamdragonboat.com/race-calendar/">www.panamdragonboat.com/race-calendar/</a>
Cancelled	Kenosha, WI	<a href="http://www.panamdragonboat.com/race-calendar/">www.panamdragonboat.com/race-calendar/</a>
Cancelled	Green Bay, WI	<a href="http://www.panamdragonboat.com/race-calendar/">www.panamdragonboat.com/race-calendar/</a>
Cancelled	Minocqua, WI	<a href="http://www.panamdragonboat.com/race-calendar/">www.panamdragonboat.com/race-calendar/</a>
Cancelled	Pleasant Prairie, WI	<a href="http://www.panamdragonboat.com/race-calendar/">www.panamdragonboat.com/race-calendar/</a>
Cancelled	Louisville, KY	
April 24	Gulf Port, MS	<a href="http://www.racedragonboats.com">www.racedragonboats.com</a> <a href="http://www.unitedwaysm.org/dbf">www.unitedwaysm.org/dbf</a>
May 08	Madison, MS	<a href="http://www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1">www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1</a> <a href="http://www.madisoncountychamber.com/regatta/">www.madisoncountychamber.com/regatta/</a>
June 12	Little Rock, AR	<a href="http://www.racedragonboats.com">www.racedragonboats.com</a> <a href="http://www.rivercitiesdragonboatfestival.com/">www.rivercitiesdragonboatfestival.com/</a>
June 27 & 28	Belleville, MI	<a href="http://www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1">www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1</a> <a href="https://www.bellevilleareachamber.org/lakefest">https://www.bellevilleareachamber.org/lakefest</a>
July 31	Chicago, IL	<a href="http://www.gwndragonboat.com/default.asp?id=chicago&amp;l=1">www.gwndragonboat.com/default.asp?id=chicago&amp;l=1</a>
August 07	Bemidji, MN	<a href="http://www.bemidjdragonboat.com/">www.bemidjdragonboat.com/</a> <a href="https://www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1">https://www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1</a>
August 14	Ft. Dodge, IA	<a href="http://www.badgerlakedragonboating.com">www.badgerlakedragonboating.com</a>
August 14	St. Louis, MO	<a href="http://www.highfivedragonboat.com">www.highfivedragonboat.com</a> <a href="http://www.signaturefoundation.org/events/gateway-dragon-boat-festival/">www.signaturefoundation.org/events/gateway-dragon-boat-festival/</a>
August 21	Birmingham, AL	<a href="http://www.racedragonboats.com">www.racedragonboats.com</a> <a href="https://www.mpdragonboats.com/">https://www.mpdragonboats.com/</a>
August 21	Sparks, NV	<a href="http://www.gwndragonboat.com/default.asp?id=nevada&amp;l=1">www.gwndragonboat.com/default.asp?id=nevada&amp;l=1</a>
August 28	Chicago, IL	<a href="http://www.panamdragonboat.com/race-calendar/">www.panamdragonboat.com/race-calendar/</a> <a href="http://www.chicagochinatown.org/">www.chicagochinatown.org/</a>
August 28	South Jordan, UT	<a href="http://www.gwndragonboat.com/default.asp?id=nevada&amp;l=1">www.gwndragonboat.com/default.asp?id=nevada&amp;l=1</a>
August 29	Lake Orion MI	<a href="http://www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1">www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1</a> <a href="https://dragononthelake.com/">https://dragononthelake.com/</a>
September 11	La Porte, IN	<a href="http://www.panamdragonboat.com/race-calendar/">www.panamdragonboat.com/race-calendar/</a>
Sept 11 & 12	Dubuque, IA	<a href="http://dubuquedragonboat.org/">http://dubuquedragonboat.org/</a>
September 18	Lorain, OH (Cleveland)	<a href="http://www.racedragonboats.com">www.racedragonboats.com</a> <a href="http://www.cledba.org">www.cledba.org</a>
September 19	Lansing, MI	<a href="http://www.womenscenterofgreaterlansing.org/capital-city-dragon-boat-race/">www.womenscenterofgreaterlansing.org/capital-city-dragon-boat-race/</a>
Sept 25 & 26	Denver, CO	<a href="http://www.cdbf.org/">http://www.cdbf.org/</a>
9/30 to 10/3	The Woodlands, TX	<a href="http://www.ymcadragonboat.org/">www.ymcadragonboat.org/</a>
October 9	Florence, AL	<a href="http://www.racedragonboats.com">www.racedragonboats.com</a> <a href="http://www.shoalsscholardollars.com/dragon-boat-festival">www.shoalsscholardollars.com/dragon-boat-festival</a>
October 10	Dallas / Fort Worth, TX	<a href="http://www.panamdragonboat.com/race-calendar/">www.panamdragonboat.com/race-calendar/</a> <a href="http://www.dfwdragonboatfestival.com/">www.dfwdragonboatfestival.com/</a>
2022	Columbus, OH	<a href="http://www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1">www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1</a> <a href="http://asian-festival.org">asian-festival.org</a>
2022	Akron, OH	<a href="http://www.dragononthelake.com/">www.dragononthelake.com/</a>
2022	Ft. Wayne, IN	<a href="https://www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1">https://www.gwndragonboat.com/Default.asp?id=solutions-event-calendar&amp;l=1</a> <a href="http://www.riverfrontfw.org">www.riverfrontfw.org</a>
2022	Gadsden, AL	<a href="http://habitatdragonboat.com">http://habitatdragonboat.com</a>

30 March 2021

Please send any corrections / additions to [Dboat2xs@aol.com](mailto:Dboat2xs@aol.com)

Listed above are the dates and places for Midwest dragon boat events as of March 30, 2021. Contact information for each race on this Midwest Race Schedule can be found on the American Dragon Boat Association (ADBA) website at [www.americandragonboat.org](http://www.americandragonboat.org). Please check the ADBA website regularly for 2021 changes and updates due to the ongoing and changing Coronavirus pandemic!

**The Central Region  
(ADBA) Breast Cancer  
Survivors/Supporters**

## **The BCS Dragon Boaters Newsletter**

E-MAIL:  
[bcsdistrict@yahoo.com](mailto:bcsdistrict@yahoo.com)

View the BCS Newsletter  
on the ADBA Website at:

[www.americandragonboat.org](http://www.americandragonboat.org)

Click on "BCS News"

USDBF Website:  
[www.usdbf.org](http://www.usdbf.org)

### ***About Our Newsletter...***

It's for you, the Breast Cancer Survivors and Supporters, to keep up with what is happening in the Midwest. It will also allow the Newsletter to pass along information to the Central Region (Midwest Region ADBA) Breast Cancer Teams from the American Dragon Boat Association (ADBA), the United States Dragon Boat Federation (USDBF), the International Dragon Boat Federation (IDBF), and the International Breast Cancer Paddlers Commission (IBCPC).

If you have friends you'd like to encourage to join the sport of dragon boating, feel free to mail this newsletter to them. You can include a

note on your experiences and what fun it is to paddle with a great group of Survivors and Supporters! Simply fold the newsletter in half for easy mailing or 'handing off' and address it to your friends!

If you meet a new BCS team at a Midwest festival, tell them about this newsletter. We don't want to miss anyone!

We welcome all the Midwest BCS Teams to join our newsletter group and be recognized.

I know each Team has some pretty heart-warming and interesting stories that unfold during racing events or breast cancer awareness

activities. Some will make us laugh, some will make us stare in amazement, and some will make us cry. But those stories are important and you're important! Be sure to save those special stories and pictures during the 2021 dragon boat season to share your dragon boat adventures. Your designated team member or Team Captain can send a brief story and a picture or two of your team to add to the next Midwest BCS Newsletter. Whether it be racing, a team activity, or helping at fund-raisers, submit your team story and pictures via e-mail to [bcsdistrict@yahoo.com](mailto:bcsdistrict@yahoo.com) to be put in the next newsletter!

Paddles Up in 2021!

